

# New pet? Try the 3-3-3 rule!



**Adopt a Pet™**

Every pet is different, but these three steps can generally help most pets make themselves at home!

## 3 days to decompress

This is the time to take things slow. Let your pet feel things out and start to establish routines. FYI: They may sleep or hide as they adjust to the new space.

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## 3 weeks to settle in

This is the time to really get to know your pet. (And vice versa!) During this period, start training and introduce them to friends, family, and other pets.

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## 3 months to feel at home

This is the time to continue to build trust with your new best friend. Try enrichment exercises, explore new adventures, and enjoy your life together!